

FEMALE ENFORCERS EVENT

Peak Performance, Force Readiness & Personal Resilience



Hosted by Peace Officers Research Association of California (PORAC)

Located at PORAC Headquarters
2940 Advantage Way, Sacramento, CA 95834

March 23-24, 2026 • 8:00 a.m. – 5:00 p.m.

This exciting event is designed to equip female law enforcement officers with the specialized tactical skills and personal strategies necessary to excel in today's demanding environment. We will address both the physical and the holistic challenges faced by women in law enforcement, fostering a community of shared experience and practical solutions.

Day One of this lively and highly interactive event begins diving right into the core principles of our *"Female Enforcers"* program focusing on tactics, use of force options, analysis of high-risk encounters and offers students the most current tactics focused on advanced mental, physical and tactical skills.

Day Two will focus on our newly redesigned program titled *"Both Sides of The Badge: Surviving On and Off Duty as a Female Enforcer"* which takes a deep dive into the challenges female officers face in a 24/7 career in law enforcement. Offering discussions and sharing experiences relating to the emotional, relational and professional challenges you face BOTH on and off duty, this course goes beyond "emotional survival" and focuses more on peak performance to survive and thrive. Topics include:

- Identifying Stress
- Balancing Home and Career
- Having it All, Doing it All, Being it All
- The Importance of Effective Communication
- Use of Force Encounters
- Tactics, Training & Equipment for the Smaller Officer
- Physical Fitness (Mind, Body and Spirit)
- Being Authentic: Embracing Our Unique Strengths
- Mentoring and Leadership
- BURNOUT
- Suicide, Depression, Addiction and Divorce

REGISTER ONLINE @ calibypress.com

Registration Price: \$359

Groups of 4+: \$329 per person (use discount code BTB30)

For more information, please contact: Kelsey McLean at kelsey@calibypress.com