

*STC & POST  
CERTIFIED*



# THE ABC'S OF P.O.W.E.R.

This 8-hour course offers a new perspective on wellness, which helps maintain and improve the psychological characteristics of successful peace officers. Using the principles and exercises in The POWER Manual: A Step-by-Step Guide to Improving Police Officer Wellness, Ethics, & Resilience [included in the course materials], attendees learn about the moral risks of policing and the transactional relationship between officer wellness and their ethical decision-making.

\$175 PORAC MEMBER  
\$300 NON-MEMBER

***SEPTEMBER 24, 2026***  
***8:00 AM - 5:00 PM***

Location  
**Mission Blue Rec Center**  
**475 Mission Blue Dr.**  
**Brisbane, CA 94005**

SCAN ME

